



Advance Directives

Under Alabama law, it is your right to decide what kind of care you want. This law makes sure your rights and wishes are carried out the way you want. You can decide what medical and mental health care you do and do not want if you get very sick. You can ask not to have certain help. You can also ask not to be kept alive with special care. If the law changes, we will let you know within 90 days of any change.

An advance directive is your written wishes. If you are 18 years of age or older you can write your wishes.

There are two types of advance directives:

- 1) Living will – tell your doctor what kind of care you want or don't want
- 2) Healthcare surrogate – name someone to make healthcare choices for you

You may change or remove the living will at any time. Just make sure it is signed and dated. It is not required by law to have a living will. The will says who will make healthcare choices for you when you are not able to do so. You will not be discriminated against for not having an Advance Directive. My Care Alabama does not limit the implementation of advance directives as a matter of conscience.

If you have one, your wishes will be carried out the way you want. Speak to your doctor about this. Your doctor can tell you about the forms to fill out. Call our Recipient Toll-Free line you have questions or email us at info@mycarealabama.org.