



My Care Alabama Central complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. My Care Alabama Central does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

My Care Alabama Central:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact your Care Coordinator or call 1-800-874-9426, or TTY: 711.

### **Complaint/Grievance**

If you believe that My Care Alabama Central has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a complaint or grievance by contacting:

Casey Wylie, Executive Director  
4465 Park Boulevard, Montgomery, AL 36116  
Telephone: 205-721-4448  
Email: Casey.Wylie@MyCareAlabama.org

You can also file a grievance based on dissatisfaction with case manager or other My Care Alabama Staff, complaints related to PCPs, and denial of care coordination services. You can file a complaint or grievance in person or by mail, fax, or email. If you need help filing a complaint or grievance, the My Care Alabama Central's office is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services 200  
Independence Avenue, SW  
Room 509F, HHH Building Washington, D.C. 20201  
1-800-368-1019  
1-800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.



## Language Assistance

ATTENTION: Language assistance services are available to you free of charge. Toll Free: 1-800-874-9426 and TTY: 711.

### English - LARGE PRINT

ATTENTION: Language assistance services are available to you free of charge. Toll Free: 1-800-874-9426 and TTY: 711.

### Spanish - Español

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al Toll Free: 1-800-874-9426 and TTY: 711.

### Chinese 中文

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (Toll Free: 1-800-874-9426 and TTY: 711)

### Korean 한국어

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電Toll Free: 1-800-874-9426 and TTY: 711。

번으로 전화해주십시오.

### Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số Toll Free: 1-800-874-9426 and TTY: 711

### (Arabic)

874- (800) مقر بل صتا .ن اجملابك لرفاوتتة ڤغلا قءعاسملا تامءخن إفا ،ةغلا ركذا ثءءتت تءكاذإ :ةظوحلم  
771 (رقم هاتف الصم والبكم: 9426).



**Deutsch (German)**

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-874-9426 and TTY: 711.

**French**

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-874-9426 and TTY: 711.

**Gujarati**

જાનકારી: જો તમે ગુજરાતી બોલતા હો, તો િન: આ ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે.

ફોન કરો 1-800-874-9426 and TTY: 711.

**Tagalog**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-874-9426 and TTY: 711.

**Hindi**

ध्यान दें: यह आप हंदोलते ह तं आपके लिए मुफ्त म भाषा सहायता से वएं उपलब्ध 1-800-874-9426 and TTY: 711. पर कॉल कर ।

**Lao**

ໂປດຊາບ: ຖ້າ ວ່າ ທ່ານ ກວາ ພາສາ ລາວ, ການ ບໍລິການ ວ່າ ອໍາເພີ ອດ ກວາ ພາສາ, ອໍາເພີ

ຄ່າ ກວາ, ຄ່າ ນໍາ ມັ ອມ ທີ່ ທ່ານ. ໂທ 1-800-874-9426 and TTY: 711.

**Russian**

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-874-9426 (телетайп: 711).

**Português (Portuguese)**

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-874-9426 and TTY: 711.



### **Türkçe (Turkish)**

DİKKAT: Eğer Türkçe konuşuyor iseniz, dil yardımı hizmetlerinden ücretsiz olarak yararlanabilirsiniz. 1-800-874-9426 and TTY: 711. irtibat numaralarını arayın.

### **日本語 (Japanese)**

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-874-9426 and TTY: 711.まで、お電話にてご連絡ください。